



## Coaches/Instructors Code of Conduct

CKA/CASK is committed to upholding the highest standards of athletics, sports ethics and personal character development of all participants, within all programs and activities within the organization.

CKA/CASK is further committed to fostering an environment in which all participants and individuals (athletes, coaches, officials, parents) are treated with respect and dignity.

CKA/CASK prohibits all discriminatory practices and behavior and promotes equal opportunity for all.

All members of CKA/CASK are expected to conduct themselves, at all times, in a manner that is consistent with the values and policies of CKA/CASK.

### Specific GUIDELINES

All coaches and instructors have a responsibility to demonstrate and adhere to the following areas:

#### Organizational Regulatory Practices

1. Ensure that the rules of CKA/CASK amateur sport kickboxing and mixed martial arts, and the spirit of those rules, are adhered to;
2. Comply with all past and current policies and regulations of CKA/CASK;

#### Sport Specific Practices

3. Create and maintain a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability and fitness level of athletes;
4. Give athletes opportunities to discuss and contribute to proposed training and performance standards. Provide athletes and the parents/guardians of athletes who are minors with the information necessary to be involved in the decisions that affect the athlete;
5. Refer athletes to other coaches and specialists to support their athletic development as appropriate and as opportunities arise;

#### Ethical Practices

6. Consistently demonstrate the spirit of sportsmanship, sports leadership and ethical conduct and practices;
7. Maintain a dignified and honourable presence at all times;
8. Focus comments or critiques appropriately and avoid public criticism of athletes, other coaches, officials, organizers or competitors;



International Federation

#### **BUREAU NATIONAL / NATIONAL OFFICE**

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## Coaches/Instructor Code of conduct

### Specific GUIDELINES - Continued

#### Ethical Practices

9. Demonstrate respect of individuals regardless of gender, ethnic origin, age, religion, beliefs or economic status;
10. Refrain from any behavior that constitutes sexual harassment, where it is defined as unwelcome sexual advances or conduct of a sexual nature. This includes behavior that creates an intimidating, hostile or offensive environment;
11. At no time engage in an intimate or sexual relationship with recreational or competitive member under the age of 18 years.

#### Coaching Attire

12. All coaches and seconds must be wearing full athletic pants and athletic shirt, t-shirt or jacket. Hats, tank-tops, or shorts are not permitted;
13. All National Team coaches must wear National Team clothing. Clothing from their private club is not permitted when they are coaching as a National Team coach or at a National Team event.



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