



BECOMING A CASK COACH

To become a CASK coach, you must complete 4 requirements:

1. Register with CASK as a Coach

Complete the CASK membership form provided by your club.
Check off the option labelled Coach - and any other categories that apply to you (e.g. athlete).
Mail your original CASK membership form with payment to the CASK national office.
You must do this every year.

2. Take the CASK Level 1 coaching course

You must take this course one time in your coaching career.

3. Submit proof of First Aid training

Complete basic first aid training AND send a photocopy of the training certificate to the CASK office.
You must complete the training every 3 years and provide proof of the training every 3 years.
Fax or email a copy of the certificate to the CASK office.

4. Submit Police Check

Get a police check with vulnerability sector screening AND send a photocopy to the CASK office.
You must complete the check every 3 years and provide the police check every 3 years.
Fax or email a copy of the police check to the CASK office.

Once you have completed these 4 requirements, a CASK Coaching Card will be mailed to you. The coaching card is valid for one calendar year.

FAQs

What if I already registered as an athlete or official, but now I want to be a coach?

If you originally registered as a recreational athlete, submit a new form with fee.
If you originally registered as a competitive athlete or official, submit a new form with no fee.

Do I have to complete a new membership form each year?

Yes. A CASK coach is certified on an annual basis.

I have been competing for many years; do I still need to take the coaching course?

Yes. The CASK coaching course is a mandatory government/insurance/association requirement.

I am a certified coach in another sport/discipline; do I still need to take the coaching course?

Yes. The CASK coaching course is specific to our sport.

What does the course teach?

The course covers the legal, medical and association framework of CASK coaching. The course does not teach how to coach the sport itself. To learn how to coach the sport itself or improve your existing coaching skills, attend a Level II or Level III CASK coaching course or contact the office for information about other coaching improvement opportunities.